SYLLABUS

Name of the department / clinic providing the course: Department of Psychosocial Rehabilitation

Course title: *The Floor Is Yours! Self-Presentation and Public Speaking in Medicine and Beyond*

Course profile: academic

Level of course unit: Phd students

1. **Course unit title:**

   The Floor Is Yours! Self-Presentation and Public Speaking in Medicine and Beyond

2. **Type of course unit:** optional
3. **Course language:** English
4. **Course aims:**
   1. Developing self-presentation skills in various contexts (academic, conference, professional)
   2. Consciously shaping your own presentation style
   3. The ability to tailor the content and form of your presentation to your audience
   4. Dealing with stress and difficult situations during presentations
5. **Form of study:** online
6. **Year of study:** I-IV
7. **Types of educational activities and number of hours allocated:**

Subject	Language course	Self-study	Lecture	Exercises	Laboratory	Seminar	Practical	e-learning	Profession practice
Self-Presentation and Public Speaking in Medicine and Beyond	English					5			

1. **Number of ECTS credits allocated and their structure according to students' from of learning: -**
2. **Names of course unit's faculty:** Department of Psychosocial Rehabilitation
3. **Prerequisites:** none

4. **Learning activities and teaching methods:** mini-lecture, discussion, individual and group exercises,

5. **Course unit content:**

Seminar (5h)

- Self-presentation styles: self-promotion versus self-deprecation, and their influence on credibility, authenticity, and audience perception.

- Developing self-awareness as a speaker through identifying personal strengths, developmental areas, and internal beliefs affecting presentation performance.
- Building internal coherence in public speaking by aligning self-perception, audience perception, and connection with the message.
- Managing emotions, stress, and stage fright, and developing a constructive mindset that supports effective communication.
- Understanding audiences: audience analysis, establishing rapport, and maintaining attention and engagement during presentations.
- The role of non-verbal communication in public speaking, including posture, gestures, eye contact, vocal delivery, and speaker presence

Course objectives:

Knowledge:

1. Understand the principles of effective public speaking and self-presentation
2. Be aware of techniques to engage and analyze the audience
3. Understand the role of authenticity, credibility, and audience perception

Skills:

1. Prepare and deliver a coherent, engaging presentation
2. Adapt language, style, and content to the audience
3. Manage stress, nerves, and unexpected questions during a talk

Attitudes and transferrable (generic) competencies:

1. Positive attitude towards public speaking and continuous learning
2. Confidence and self-awareness in professional communication
3. Ability to transfer presentation and communication skills to different contexts
4. Responsibility and ethical behavior in interactions with the audience

6. **Required and recommended learning resources (readings):**

Required:

Mohty M. Delivering an impactful presentation: a practical guide. Clin Hematol Int. 2024 Oct 14;6(4):67-68. doi: 10.46989/001c.124436. PMID: 39430163; PMCID: PMC11487326.

Recommended:

Linklater, K. (2006). Freeing the natural voice : imagery and art in the practice of voice and language. Drama Publishers, Hollywood, California.

Rozenek, J. (2016). Prezentuj z pasją. MT Biznes sp. z o.o. Warszawa.

7. **Assessment methods and criteria:** Credit for the course is awarded on the basis of attendance and activity in class

8. **Additional information:**

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9. **Statement and signature of the course leader:**

I hereby state that the content of the curriculum included in the syllabus below is the result of my individual work completed as part of work contract/cooperation resulting from a civil law contract, and that author rights to this title are not the property of a third party.

10. **Dean's signature:**
11. **Date:**