SYLLABUS

Department: Międzynarodowa Szkoła Doktorska

Semester: 1

Name of the department / clinic providing the course:

Department of Psychosocial Rehabilitation

Course title: Participatory asset mapping as the key to success in the international project

Course profile: academic

Speciality:

Level of course unit: phd students

1. **Course unit title: Participatory Asset mapping as the key to success in the international project**
2. **Course unit code: na**
3. **Type of course unit:** optional
4. **Course language:** English
5. **Course aims:**

Antonovsky came to the question 'what makes people healthy?'. His numerous researchers and observations led to the construct called "the sense of coherence" (SOC). It refers to an individual's ability to perceive coping with a particular situation, regardless of life situation. The main aim of the course will be to learn quantitative and qualitative methods that can be used to prepare the individual and population asset maps and implement them in the international projects at the level of planning, implementation and risk management.

6. **Form of study:** full time
7. **Year of study:** 1
8. **Types of educational activities and number of hours allocated:**

Subject	Language course	Self-study	Lecture	Exercises	Laboratory	Seminar	Practical	e-learning	Profession practice
Co-creation and innovation in health care:	English					5			

9. **Number of ECTS credits allocated and their structure according to students' from of learning: NA**
10. **Names of course unit's faculty:**
11. **Prerequisites:**

    Before taking the exam, you must have passed: NA

12. Learning activities and teaching methods:

-Oral and multimedia presentations about the theoretical background of assets mapping based on salutogenetic approach.

-Team working: training the ability to recognize resources basing on the selected case studies, recognizing resources necessary to solve problems based on people's needs.

13. Course unit content:

1. Application of the concept of sense of coherence in the international scientific projects at the level of planning, implementing and risk management.
2. Mix-method surveys as a current trend in the international scientific projects.
3. Photo-voice method as an example of a qualitative method in scientific research.

14. Course objectives:

Knowledge:

-Theoretical knowledge on the role of qualitative and quantitative research.

- Practical knowledge in the field of using qualitative methods to recognize resources in different settings.

Skills:

- Achieve the ability to operate with basic terms / concepts in the field of SOC.

- Develop the problem solving skills based on various techniques of creative problem solving in the qualitative and quantitative surveys.

Attitudes and transferrable (generic) competencies:

-Communication skills in the interdisciplinary and international team.

-Ability to define priorities for the task implementation in the team.

-Ability to cooperate in the interdisciplinary team using various team roles.

15. Required and recommended learning resources (readings):

Required:

Maurice B. Mittelmark MB, Bauer GF, Vaandrager L, Pelikan JM, Sagy S, Eriksson M, Lindström B, Meier Magistretti C. The Handbook of Salutogenesis, 2nd edition. Cham (CH): Springer; 2022. Link to this book: The Handbook of Salutogenesis - NCBI Bookshelf (nih.gov)

16. Assessment methods and criteria:

Preparing Personal Business Model Canvas to recognize the personal strengths and resources in self- development as researcher. An individual work.

17. **Additional information:**

Contact with Magdalena Wrzesińska, associate professor

Head, Department of Psychosocial Rehabilitation, Medical University of Lodz, e-mail: magdalena.wrzesinska@umed.lodz.pl

18. **Statement and signature of the course leader:**

I hereby state that the content of the curriculum included in the syllabus below is the result of my individual work completed as part of work contract/cooperation resulting from a civil law contract, and that author rights to this title are not the property of a third party.

19. **Dean's signature:**

20. **Date:**